

Have you ever been locked out of your computer and had no idea what to do? I know how it is, but if you're like most people, you're not very good at remembering passwords. It's too easy to write them down and share them with others or use a weaker password such as "password" or "123456". If this happens to you, the best thing is to call your IT support service and ask for their help. They might even tell you not to panic because they can help with that! You will then be able to access all of the files on your PC again and begin working on anything that has been interrupted for too long. How to remember your password? Okay, so you don't want to take chances with losing your data, but you also want to be able to remember your passwords. The best thing you can do is to use a combination of numbers and letters. Choosing a memorable phrase is another great way for you to memorize many different passwords. Look at the two sentences below: "I love cooking macaroni" and "ILCMACONI". If one of these things is much easier for you to remember, then go with that one. Keep that in mind for when it's time to create your new password. Password security tips Some things you can do to make your passwords even more secure are: When you need to remember your password, it's not that hard. You just need to create a password that will be easy for you to remember, but hard for someone else to crack. Also, try changing it every six months. And lastly, use different passwords for different sites! If you use the same password for all of them, then some may find it easy to figure out which is which if they know your username and password combination. Always remember that if you are truly concerned with keeping your personal information safe, you should avoid putting yourself in situations where your information can be stolen. You can enable your computer to automatically log off after a period of inactivity. This will protect your information from being accessed when you step away from the computer or when you allow someone else to use it.

Below are some additional resources for this article about how to ensure that you never lose another file due to forgotten passwords. Thinking of using a password manager? We've got an article about that here: <http://www.ignitetechnologies.com/computer-support-services/the-benefits-of-using-a-password-manager/> You may be interested in reading more about the best password managers here: <https://www.peworld.com/article/3201409/the-best-password-managers.html> Now you know how to keep your passwords safe, but what if you need to recover some old files? We've got an article about that here: <http://www.ignitetechnologies.com/computer-support-services/the-benefits-of-using-a-password-manager/>

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